



LUNCH MENU

ADULT DAY CARE CENTER OF HENDERSON

MARCH 2025

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

<p>30) Veggie Noodle Soup Chicken Salad Sandwich on whole wheat bread Lettuce & Tomato Baked Tater Tots Sliced Pears HOMEMADE OATMEAL GRANOLA DAY</p>	<p>31 Multi Bean 6oz Hot Tuna 2oz Melt Cheese 1oz WW Bread 2-1oz Zucchini Strips 1/2c Orange Slices 1/2c</p>	<p>LUNCH TIME HEALTHY LIVING</p> 				<p>1) We Are CLOSED SATURDAY'S AT The Adult Day Care Center of HEND.</p>
<p>2) We Are CLOSED SUNDAYS AT The Adult Day Care Center of LV.</p>	<p>3) Minestrone 6oz Oven Fry Steak 3oz Mashed Potato 1/2c Green Beans 1/2c Sliced Apples 1/2c WW roll 1oz, Cracker 1oz Whole grain Cookie Day*</p>	<p>4) French Onion 6oz Meatloaf 3oz Cauliflower Mac & Cheese 1/2c Green Salad 1 c Apple Crumb WW roll 1oz, Cracker 1oz</p>	<p>5) Egg Drop Soup 6oz Teriyaki Chicken 3oz Broccoli 1/2c Brown Rice 1 cup Melon Mix 1/2c</p>	<p>6) Green Salad 1/2 cup Chicken Fajita 3oz Refried Beans 1/2c Wheat Tortilla 1oz Spanish Brown Rice 1/2c Sliced Apples 1/2c</p>	<p>7) Chicken Noodle 6oz Fish 3oz Sandwich WW bread 2-1ozw/ Lettuce Tomato 1/2c Potatoes 1/2c Blueberries & Pears 1/2c</p>	<p>8) We Are CLOSED SATURDAY'S AT The Adult Day Care Center of HEND.</p>
<p>9) We Are CLOSED SUNDAYS AT The Adult Day Care Center of LV.</p>	<p>10) Beef Veggie 6oz Chicken Cacciatore 3oz Over whole wheat Fettuccine Noodles 1 cup Green Salad 1 cup Strawberry 1/2cw/ Cream</p>	<p>11) Tomato Soup 6oz Beef 2oz Burger w/ Cheese 1oz on ww bun 1-2oz Lettuce Tomato 1/2c Wedge Cut potato 1/2c Pineapples 1/2c</p>	<p>12) Cream Potato 6oz Pulled Chicken 3oz Rye Bread 2-1oz Sun Chips 1oz Green Salad 1 cup Diced Apples 1/2c</p>	<p>13) *Chicken Noodles Baked Chicken 30z Brown Rice Pilaf 1c Green Salad 1 cup Strawberry 1/2 cw/ Cream</p>	<p>*14) Broccoli Soup 6oz Taco Burger 2oz on ww Bun 1-2oz w/Cheese 1oz Lettuce 1/2c Sun Chips 1oz Green Beans 1/2c Mixed Melons 1/2c</p>	<p>15) We Are CLOSED SATURDAY'S AT The Adult Day Care Center of HEND.</p>
<p>16) We Are CLOSED SUNDAYS AT The Adult Day Care Center of LV. St. Patrick's Day</p>	<p>17) Split Pea Soup 6oz Corned Beef 3oz Cabbage 1/2cw/ Corn Bread 2.4oz Potatoes 1/2c Mixed Melons 1/2c Green Apple Crumb St. Patrick's Party</p>	<p>18) Turkey Noodle 6oz Chicken 2oz Quesadilla Ww tortilla 2oz Lettuce Tomato 1/2c Cheese 1oz Mixed Vegetables 1/2c Blackened Beans 1/2c Sliced Pears 1/2c</p>	<p>19) Veggie Soup 6oz Chicken Finger 3oz Red Beans 1/2c Brown Rice 1/2c Green Salad 1/2c Corn Bread 1.2oz Cinn Apples 1/2c</p>	<p>20) Roasted Veggie 6oz Beef 2oz Spaghetti WW pasta 1/2c Garlic Bread 1oz Green Beans 1/2c Green Salad 1/2c Sliced Kiwi 1/2c</p>	<p>21) Cream Spinach 6oz Grilled Chicken Breast 3oz Rotini ww Pasta 1cup Green Salad 1/2c Steam Broccoli 1/2c Mixed Melons 1/2c</p>	<p>22) We Are CLOSED SATURDAY'S AT The Adult Day Care Center of HEND.</p>
<p>23) Reviewed by Geri Lynn Grossan, RDN 1-25-24</p>	<p>24) Turkey Noodle 6oz Italian Meatballs 3oz Tortellini 1 cup Green Salad 1 cup Strawberries 1/2c ITALIAN ICES DAY</p>	<p>25) Black Bean Soup 6oz Beef 2oz Taco Salad Corn Chips 1oz w/Cheese 1oz Lettuce Tomato 1c Spanish Rice 1/2c Peach Cobbler</p>	<p>26) Cream Tomato 6oz Bake Chicken 3oz Zucchini Strips 1/2c Honey Melon 1/2c WW roll 1oz, Cracker 1oz BIRTHDAY CAKE DAY</p>	<p>27) Cucumber Salad 1/2c Italian Turkey Sausage 3oz WW penne pasta 1 cup Steamed Zucchini 1/2c Sliced Apples 1/2c FRUIT SMOOTHIE DAY</p>	<p>28) Spinach salad 1/2c Meat Loaf 3oz Brown Rice 1 cup Green Beans 1/2c Mixed Melo 1/2c</p>	<p>29) We Are CLOSED SATURDAY'S AT The Adult Day Care Center of HEND.</p>

*1% Milk is served at Breakfast and Lunch and Snack. This institution is an equal opportunity provider