

# LUNCH MENU

# ADULT DAY CARE CENTER OF LAS VEGAS

# DECEMBER 2024

**SUNDAY**

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

**SATURDAY**

**We are Closed 1)  
SUNDAYS  
Temporarily**

**2)**  
Cauliflower Cheddar  
Soup  
Turkey Kielbasa w/  
sauerkraut  
Potato salad  
Green beans  
Whole Wheat Roll  
Cracker  
Pineapples  
**GERMANY**

**3)**  
Polish Chicken &  
Dumplings  
Stewed Cabbage  
Cucumber Salad  
Melons  
**POLAND**

**4)**  
Jamaican Spinach  
Soup  
Jerk Chicken  
Jamaican Brown Rice  
Jamaican Cabbage  
Pineapple  
**JAMAICA**

**5)**  
Butternut Squash  
Soup  
Asian Fish  
Canadian Zucchini  
Alfredo  
Whole Grain Garlic  
bread  
Pears  
**CANADA**

**6)**  
Beef Sausage  
Chicken Marsala  
Mushroom Risotto  
Garlic Parmesan  
Asparagus  
Yogurt w/ fruit  
**ITALY**

**7)**  
Chicken Tortilla  
Chicken cheese  
Enchiladas Tortilla  
Mexican Brown Rice  
Black Beans  
Mexican layered  
Cornbread  
Melons  
**MEXICO**

**We are Closed 8)  
SUNDAYS  
Temporarily**

**9)**  
Vegetarian  
Moroccan Soup  
Baked African  
Chicken  
Egyptian Rice Lentil  
Cabbage Dish  
Sliced Oranges  
**AFRICA**

**10)**  
Chicken Matzo Ball  
Baked Chicken  
Lentils & Rice  
Spinach w/  
Chickpeas Fresh Dill  
Peaches  
**ISRAEL**

**11)**  
Chicken Rice Soup  
Chicken  
Whole wheat Noodles  
Sautéed Green Beans  
Banana slices  
**PHILIPPINES**

**12)**  
Turkish Red Lentil  
Soup  
Turkish Kebabs w/  
Haydari , Pita  
Zucchini w/ Dill  
Yogurt Sauce  
Mixed Fruit  
**TURKEY**

**13)**  
Sweet Potato Kale  
Spanish Cod  
Spinach w/Garbanzo  
Roasted Potato  
Whole Wheat Rolls /  
Crackers  
Pears  
**SPAIN**

**14)**  
Beef Soup  
Bake Fish & Chips  
Hush Puppies  
Roasted Brussel  
Sprouts  
Pears  
Whole Wheat Roll  
**ENGLAND**

**We are Closed 15)  
SUNDAYS  
Temporarily**

**16)**  
White Chicken Chile  
Auzzie Shearer's  
mincemeat & Potato  
Pot Pie  
Quinoa Black Beans  
Whole Wheat Roll  
Peaches  
**AUSTRALIA**

**17)**  
Japanese Chicken  
Soup  
Chicken & Whole  
Grain Noodle  
Zucchini & Onion  
Stir-Fry  
Japan Fruit Pie slice  
**JAPAN**

**18)**  
French Onion Soup  
Beef Bourguignon  
Egg Noodles  
Ratatouile  
Crème Brulee  
  
**FRANCE**

**19)**  
Egg Drop Soup  
Kung Pao Chicken  
Brown Rice  
Chinese Green Bean  
Stir-Fry  
Fortune Cookie  
Orange Slices  
**CHINA**

**20)**  
Garden Salad  
Turkey & Dressing  
Mashed Potato w/  
Gravy  
Green Beans  
Apple Pie slices  
**\* Holiday  
Lunch\***

**21)**  
Chicken Soup  
Chicken & Rice  
Baked Yucca Fries  
Veggies  
Pineapple  
**PANAMA**

**We are Closed 22)  
SUNDAYS  
Temporarily**

**23)**  
Lemon Chicken  
Chicken Gyro style  
w/ Tzatziki  
Greek pasta salad  
Hummus  
Pita  
Baked apples  
**GREEK**

**24)**  
Thai Coconut  
Thai style Tilapia  
Sticky Rice  
Cucumber Salad  
Coconut-Mango  
**THAILAND**

**25)**  
**CLOSED  
HOILDAY**  


**26)**  
Chicken Soup  
Beef w/ Lemongrass  
Brown Rice  
Green Beans w/  
Baked Tofu  
Orange Slices  
**VIETNAM**

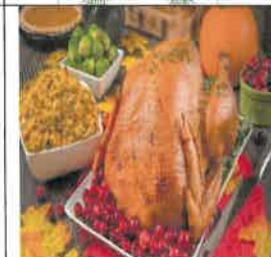
**27)**  
Beef Veggie Soup  
Pumpkin Beef  
Stew Roast Potato  
Corn on The Cob  
Whole wheat Rolls  
Cracker  
Mixed Fruit  
**Chile**

**28)**  
Chicken Soup  
Mixed Salad  
Sauteed Beef  
Beans & Brown Rice  
Bread Pudding  
**PUERTO RICO**

**We are Closed 29)  
SUNDAYS  
Temporarily**

**30)**  
VeggieTofu Soup  
Beef Short Ribs  
Glass Noodle  
W/ Vegetables  
Korean Cucumber  
Salad  
Pineapple  
**KOREA**

**31)**  
Chicken Noodle  
Roasted Beef Ribs  
Collard greens  
Corn On Cob  
Corn Bread  
Apple Pie Slices  
**USA**



\*1% Milk is offered at Breakfast, Lunch & Snack. This Institution is an equal opportunity provider.