

LUNCH MENU
SUNDAY

ADULT DAY CARE CENTER OF LAS VEGAS
TUESDAY **WEDNESDAY** **THURSDAY**

OCTOBER 2024
FRIDAY **SATURDAY**



6)
WE ARE
Temporarily Closed
Sundays At our Adult
Day Care Center of
Las Vegas

13)
WE ARE
Temporarily Closed
Sundays At our Adult
Day Care Center of
Las Vegas

20)
WE ARE
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Day Care Center of
Las Vegas

27)
Reviewed by
Geri Lynn Grossan,
RDN
8-23-24



7)
Split Pea Soup 6oz
Baked Fish 3oz w/
Zest of Lemon
whole grain
Butter Noodles 1C
Broccoli 1/2c
Oranges Slices
1/2c

14)
Broccoli Soup 6oz
Fish Filet 3oz
Sandwich on whole
wheat bread 2-1oz w/
lettuce & tomato 1/2c
Zucchini Fries 1/2c
Honey Dew Melon 1/2c
***OATMEAL BAR ***

21)
Corn Chowder 6oz
Soft Chicken 3oz Tacos
whole grain tortilla 2oz
Lettuce & Tomato 1/2c
Spanish Brown Rice 1/2c
Fruit cup 1/2c

28)
Tomato Soup 6oz
Tuna Salad 3oz on
Bed of lettuce w/
tomato 1 cup
Italian Bread 2-1oz
Pineapples 1/2c

1)
Green Salad 1/2 cup
Beef 3oz Stew w/
Veggies 1/2c
Orange Slices 1/2c
Corn Bread 2.4oz

8)
Green Salad 1/2c
Baked Chicken 3oz
Mashed Potato 1/2c
w/ Gravy 1oz
Green Beans 1/2c
Blueberries 1/2c
Roll 1oz, Crackers 1oz

15)
Beef Veggie 6oz
Turkey 2oz Wrap on
whole grain tortilla 2oz
lettuce, tomato 1/2c
and cheese 1oz
Corn Chips 1oz
Apricots 1/2c

22)
Green Salad 1/2c
Turkey Meatloaf 3oz
Mashed Potato 1/2c
Broccoli 1/2c
Orange Slices 1/2c
Roll 1oz, Crackers 1oz

29)
Veggie Soup 6oz
Baked Chicken 3oz
Roasted Potato 1/2c
Green Beans 1/2c
Sliced Pears 1/2c
Roll 1oz, Crackers 1oz

2)
Tomato Veggie Soup 6oz
Turkey 2oz Tacos
On corn tortillas 2oz w/
Lettuce tomato 1/2c
cheese 1oz
Pinto beans 1/2c
Sliced Apples 1/2c

9)
Chicken Noodle
Soup 6oz
Beef 3oz Teriyaki
Stir Fry Vege 1/2c
Brown Rice 1 c
Orange Slices 1/2c

16)
Green Salad 1/2c
Beef Meatloaf 3oz
Mashed Potat 1/2c
Broccoli 1/2c
Apple Slices 1/2c
Roll 1oz, Crackers 1oz
LEMONADE DAY

23)
Multi Bean Soup 6oz
Beef 3oz Sloppy
Joes
Wheat Bun 1-2oz
Zucchini Fries 1/2c
Cinn Peaches 1/2c
BIRTHDAY CAKE

30)
Green Salad 1 cup
Texas Turkey 3oz
Chile w/Beans 1/2c
and veggies 1/2c
Corn Bread Muffins
2.4oz
Sliced Pears 1/2c

3)
Spinach Salad 1/2c
Baked Bar-B-Q
Chicken 3oz
Brown Rice Pilaf 1C
Steam Broccoli 1/2c
Melon 1/2c

10)
Lentil Soup 6oz
Pulled Chicken 3oz
Sandwich on
Wheat Bun 1-2oz
Crispy
Coleslaw 1/2c
Sliced Pears 1/2c
WARM APPLE DAY

17)
Cream of
Mushroom 6oz
Chicken Breast 3oz
ww Bun 1-2oz w/
Lettuce Tomato 1/2c
Cubed Potato 1/2c
Yogurt Granola 1/2c

24)
Veggie Soup 6oz
Chicken 2oz
Cheese 1oz Pizza
ww crust 2oz
Green Salad 1cup
Apricots 1/2c

31)
Ghostly Broccoli
Soup 6oz
Grilled Beef 2oz
Cheese 1oz ww bun 1-
2oz lettuce tomato 1/2c
Potato Fries 1/2c
Eye Ball Fruit 1/2c
HALLOWEEN PARTY

4)
Green Pea Veggie
Soup 6oz
Fish- 3oz N-Chips
1/2c
Hush Puppies 1/2c
Sliced Apples 1/2c
Roll 1oz, Crackers 1oz

11)
Veggie Chicken
Soup 6oz
Grilled Turkey 3oz
Hamburgers on
wheat bun 1-2oz
lettuce tomato 1/2c
Baked Fries 1/2c
Apricots 1/2c

18)
Chile Bean 6oz
Hamburger
Steak 3oz
Baked Potato 1/2c
Green Salad 1/2c
Orange Slices 1/2c
Roll 1oz, Crackers 1oz

25)
Chicken Veggie 6oz
Philly Steak 3oz
ww bread 2-1oz
Sun Chips 1oz
Coleslaw 1/2c
Cinnamon Apples 1/2c



5)
Vegetable Soup 6oz
Turkey 3oz Melt Rye
bread 2-1oz lettuce
tomato 1/2c
Zucchini Fries 1/2c
Pineapples 1/2c

12)
Veggie Soup 6oz
Sloppy Joes 2oz
w/ Cheese 1oz On
Wheat Bun 1-2oz
Sun Chips 1oz
Spiced Apple
Slices 1/2c

19)
Beef Veggie 6oz
Baked Chicken
Tenders 3oz
Green Bean 1/2c
Sweet Potato 1/2c
Yogurt
Granola 1/2c
Roll 1oz Crackers 1oz

26)
Tomato Soup 6oz
Grilled Turkey 2oz
Cheese 1oz Sandwich
wheat-bread 2-1oz
Zucchini
Fries 1/2c
Sliced Pears 1/2c



1% Milk is served with Breakfast, Lunch and Snack. This Institution is an equal opportunity provider