

# ACTIVITY CALENDAR

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

# ADULT DAY CARE CENTER OF LAS VEGAS

OCTOBER 2024

**HAPPY BIRTHDAY**  
Larconya H. 10/3  
Melvin W. 10/10  
Breast Cancer Awareness Month



**Game Day** 1)  
9:30 Exercise  
10:00 **CREATIVE POETRY**  
12:30 **BRAIN TRIVIA**  
1:30 **IDIOMS DAY**  
3:00 Bingo  
7'S Card/Checkers Game

**OT Exercise** 2)  
9:00 Current Events  
9:30 Exercise  
10:00 **A&C**  
12:30 Trivia  
1:30 **MAKING MUSIC**  
3:00 Bingo  
Make A New Friend Day  
OT Exercise w Staff

**Signing** 3)  
9:00 Current Events  
9:30 Exercise  
10:00 **Chair Yoga/ A&C**  
12:30 Trivia  
1:30 **SIGNING w Staff**  
3:00 Bingo

**Connections** 4)  
9:00 Current Events  
9:30 Exercise  
10:00 **DANCE**  
12:00 **ARTS & CRAFTS**  
1:30 **JAZZ POPING-FINGERS CLAP & MOVEMENT**  
3:00 Bingo  
\* CONNECTIONS

**Karaoke** 5)  
9:00 Current Events  
9:30 Exercise  
10:00 **MOVE/GROOVE**  
12:00 **ARTS & CRAFTS**  
1:30 **Comedy**  
**Movie**  
3:00 Bingo

We Are Closed 6)  
Temporarily **SUNDAY** at our Adult Day Care of Las Vegas. Please join us for our Fundays Mon-Sat

9:00 Current Events  
9:30 **Stretching Movement**  
10:00 **ARTS& CRAFTS**  
12:30 Trivia  
1:30 **Nature walk Day Lets Get Some fresh Air**  
3:00 **SPECIAL Bingo**

9:00 Current Events 8)  
9:30 Exercise  
10:00 **CREATIVE POETRY**  
12:30 **BRAIN TRIVIA**  
1:30 **IDIOMS DAY**  
3:00 Bingo  
7'S Card/Checker Game

9:30 Exercise 9)  
10:00 **A&C**  
12:30 Trivia  
1:30 **MAKING MUSIC**  
3:00 Bingo  
Make A New Friend Day  
OT Exercise w Staff

9:00 Current Events 10)  
9:30 Exercise  
10:00 **Chair Yoga/ A&C**  
12:30 Trivia  
1:30 **SIGNING w Staff**  
3:00 Bingo

9:00 Current Events 11)  
9:30 Exercise  
10:00 **DANCE**  
12:00 **ARTS & CRAFTS**  
1:30 **MOBILITY EXPRESS**  
3:00 Bingo  
Act of Kindness Day \* CONNECTIONS\*

9:00 Current Events 12)  
9:30 Exercise  
10:00 **MOVE/GROOVE**  
12:00 **ARTS & CRAFTS**  
1:30 **Comedy Movie**  
3:00 Bingo

**NFL Football**

We Are Closed 13)  
Temporarily **SUNDAY** at our Adult Day Care of Las Vegas. Please join us for our Fundays Mon-Sat

9:00 Current Events 14)  
9:30 **Stretching Movement**  
10:00 **ARTS&CRAFTS**  
12:30 Trivia  
1:30 **JAZZY STROLL**  
3:00 **SPECIAL Bingo**  
**Columbus Day**

9:00 Current Events 15)  
9:30 Exercise  
10:00 **CREATIVE POETRY**  
12:30 **BRAIN TRIVIA**  
1:30 **DARE TO CARE DAY**  
3:00 Bingo  
7'S Card/Checker Game

9:00 Current Events 16)  
9:30 Exercise  
10:00 **A&C**  
12:30 Trivia  
1:30 **USE IT OR LOSE IT DAY**  
3:00 Bingo  
OT Exercise w Staff

9:00 Current Events 17)  
9:30 Exercise  
10:00 **Chair Yoga / A&C**  
12:30 Trivia  
1:30 **SIGNING w Staff**  
3:00Bingo

9:00 Current Events 18)  
9:30 Exercise  
10:00 **DANCE**  
12:00 **ARTS & CRAFTS**  
1:30 **JOY FUL NOISE GAME**  
3:00 Bingo  
\* CONNECTIONS\*

9:00 Current Events 19)  
9:30 Exercise  
10:0 **MOVE/ GROOVE**  
12:00 **ARTS & CRAFTS**  
1:30 **Comedy Movie**  
300 Bingo  
\*HUG YOURSELF DAY

**NFL Football**

We Are Closed 20)  
Temporarily **SUNDAY** at our Adult Day Care of Las Vegas. Please join us for our Fundays Mon-Sat

9:00 Current Events 21)  
9:30 **Stretching Movement**  
10:00 **ARTS&CRAFTS**  
12:30 Trivia  
1:30 **Purple pumpkin Marching**  
3:00 **SPECIAL Bingo**  
**BEAUTIFUL PLACES ART**

9:00 Current Events 22)  
9:30 Exercise  
10:00 **CREATIVE WRITING**  
12:30 **BRAIN TRIVIA**  
1:30 **PUMPKIN PAINTING**  
3:00 Bingo  
7'S Card/Checker Game

9:00 Current Events 23)  
9:30 Exercise  
10:00 **A&C**  
12:30 Trivia  
1:30 **MATCH GAME**  
3:00 Bingo  
\*HAPPINESS DAY\*

9:00 Current Events 24)  
9:30 Exercise  
10:00 **Chair Yoga A&C**  
12:30 Trivia  
1:30 **SIGNING w Staff**  
3:00 Bingo

9:00 Current Events 25)  
9:30 Exercise  
10:00 **DANCE**  
\* **MUSIC\*Sing-Along**  
12:00 **ARTS & CRAFTS**  
1:30 **NAME THAT TUNE**  
3:00 Bingo  
\* CONNECTIONS\*

9:00 Current Events 26)  
9:30 Exercise  
10:00 **MOVE/GROOVE**  
12:00 **ARTS & CRAFTS**  
1:30 **I Love Lucy**  
**Movie**  
3:00 Bingo

**NFL Football**

We Are Closed 27)  
Temporarily **SUNDAY** at our Adult Day Care of Las Vegas. Please join us for our Fundays Mon-Sat

9:00 Current Events 28)  
9:30 **TAI CHI**  
10:00 **ARTS&CRAFTS**  
12:30 Trivia  
1:30 **COOL WALKING**  
3:00 **SPECIAL Bingo**  
\*SMILE DAY\*

9:00 Current Events 29)  
9:30 Exercise  
10:00 **CREATIVE WRITING**  
12:30 **BRAIN TRIVIA**  
1:30 **PUMPKIN PAINTING**  
3:00 Bingo  
7'S Card/Checker Game

9:00 Current Events 30)  
9:30 Exercise  
10:00 **A&C**  
12:30 Trivia  
1:30 **NAME THAT TUNE GAME**  
3:00 Bingo  
OT Exercise w Staff

**HALLOWEEN COSTUME PARTY** 31)  
9:00 Current Events  
9:30 Exercise  
10:00 **DANCE**  
12:30 Trivia  
1:30 **TRICK or TREAT**  
3:00 **BINGO**  
\* CONNECTIONS\*



**NFL Football**

*Pajama Jam*