

Monday

Tuesday

Wednesday

Thursday

Friday



9:00 – Current Events/ Game show / The Price Is Right
 10:00- Chair Exercise
 10:30- The Daily Chronicles
 10:45- Board Games
 1:00 - Bingo
 2:30- Music Social

4
 9:00 – Current Events/ Game show / Lets Make A Deal
 10:00- Chair Aerobics
 10:30- The Daily Chronicles
 10:45- Trivia
 1:00 - Bingo
 2:30 -60s Movie & Popcorn

5
 9:00 – Current Events/ Game show / Wheel Of fortune
 10:00- NSC Students
 10:30- The Daily Chronicles
 10:45- Arts & Craft
 1:00 - Board Games
 2:30- Corn Hole

6
 9:00 – Current Events/ America’s Got talent
 10:00- Chair Exercise
 10:30- The Daily Chronicles
 10:45- Board Games
 1:00 - Bingo
 2:30- Planting Session

7
 9:00 – Current Events/ Game show /Family Feud
 10:00- Chair Exercise
 10:30- The Daily Chronicles
 10:45- Card Games
 1:00 - Puzzles
 2:30- Music Social

8
 9:00 – Current Events/ Game show / Wheel Of Fortune
 10:00- Chair Exercise
 10:30- The Daily Chronicles
 10:15- Board Games &Puzzles
 1:00 - Bingo
 2:00- 60’s Movie & Popcorn

11
 9:00 – Current Events
 10:00- Chair Exercises
 10:30- The Daily Chronicles
 10:45- Chair Aerobics
 1:00 - Bingo
 2:00-Veterans Day
 Celebration Veterans Day

12
 9:00 – Current Events/ Game show /America’s Got Talent
 10:00- NSC Students
 10:30- The Daily Chronicles
 10:45- Arts & Craft
 1:00 - Trivia / Brain Teasers
 2:30- Music Therapy

13
 9:00 – Current Events/ Game show / Lets Make A Deal
 10:00- Chair Aerobics
 10:30- The Daily Chronicles
 10:45- Trivia
 1:00 - Bingo
 2:30 Outdoor Activities

14
 9:00 – Current Events/ Game show / Wheel Of Fortune
 10:00- Chair Aerobics
 10:30- The Daily Chronicles
 10:45- Board Games
 1:00 - Brain Teasers
 2:30 – Short Film

15
 9:00 – Current Events/ Game show / Lets Make A Deal
 10:00- Chair Aerobics
 10:30- The Daily Chronicles
 10:45- Trivia
 1:00 - Bingo
 2:30 -60s Movie & Popcorn

18
 9:00 – Current Events/ Game show / Wheel Of Fortune
 10:00- Chair Aerobics
 10:30- The Daily Chronicles
 10:45- Trivia
 1:00 - Bingo
 2:30 -60s Movie & Popcorn

19
 9:00 – Current Events/ Game show /Family Feud
 10:00- NSC Students
 10:30- The Daily Chronicles
 10:45- Arts & Craft
 1:00 - Board Games
 2:30- Outdoor Activities

20
 9:00 – Current Events/ Game show / Wheel Of Fortune
 10:00- Chair Aerobics
 10:30- The Daily Chronicles
 10:45- Trivia / Did You Know
 1:00 - Bingo
 2:30- Arts & Craft

21
 9:00 – Current Events/ Game show / Lets Make A Deal
 10:00- Chair Aerobics
 10:30- The Daily Chronicles
 10:45- Puzzles
 1:00 - Board Games
 2:30 – Nature Walk

22
 9:00 – Current Events/ Game show / America’s Got Talent
 10:00- Chair Aerobics
 10:30- The Daily Chronicles
 10:45- Board Gamers
 1:00 - Bingo
 2:30 -60s Movie & Popcorn

25
 9:00 – Current Events/ Game show / Lets Make A Deal
 10:00- Chair Aerobics
 10:30- The Daily Chronicles
 10:45- Board Games
 1:00 - Bingo
 2:30 -60s Movie & Popcorn

26
 9:00 – Current Events/ Game show / America’s Got Talent
 10:00- NSC Students
 10:30- The Daily Chronicles
 10:45- Arts & Craft
 1:00 - Card Games
 2:30- Brain Teasers

27
 9:00 – Current Events/ Game show / Lets Make A Deal
 10:00- Chair Aerobics
 10:30- The Daily Chronicles
 10:45- Board Games
 1:00 - Bingo
 2:30 – Music Therapy

28


29
 9:00 – Current Events/ Game show / Family Feud
 10:00- Chair Aerobics
 10:30- The Daily Chronicles
 10:45- Trivia
 1:00 - Bingo
 2:30 -60s Movie & Popcorn

Note: Activities Are Subject To Change ☺