

LUNCH MENU

ADULT DAY CARE CENTER OF LAS VEGAS

MAY 2024

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



1)
Green House Salad
Beefy and Bean
Chili w cheese &
Brown Rice
Corn Bread
Mixed fruit

2)
Spinach Salad
Baked Chicken
Sweet Potatoes
Creamed Spinach
Pear Slices

3)
Chicken Tortilla
whole grained Soup
Mexican Grilled
Chicken
Refried Beans w/let.
Spanish Brown Rice
Watermelon
Cinco De Mayo obs

4)
Veggie Soup
Hamburger w/
Cheese, lettuce &
tomatoes
Whole Grain Chips
Honey Dew Melon
Mint Julep
Lemonade Day

5)
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6)
Green Salad
Spaghetti w/ Beef
meat Sauce w/whole
grain pasta
Wheat Garlic Bread
Yogurt w/ Granola

7)
Veggie Soup
Baked Chicken
Steamed Brown
Rice
Zucchini Strips
Honey Dew Melon

8)
Green Salad
Sloppy Joe on
Wheat Bun
Sweet potato Tots
Green beans
Orange slices

9)
Turkey Chowder
Fish Filet Sandwich
w/ lettuce &
tomatoes
Baked French Fries
Cole Slaw
Banana & Peaches

10)
Spinach Salad
Roasted Turkey
Stuffing w/ Gravy
Green Beans
Strawberries &
Cream
OBS. MOTHER'S DAY

11)
Vegetable Tomato
Soup
Tuna Casserole
Green Salad
Wheat French
Bread
Orange Slices

12)
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Mother's Day

13)
Cream Veggie
Tomato Soup
Grilled Turkey &
Cheese on rye
bread
Zucchini Fries
Peaches

14)
Veggie Soup
Chicken Filet
Sandwich on whole
wheat bun
Lettuce & Tomato
Potato Salad
Apple slices

15)
Tomato Cucumber
Salad
Hot Tuna Melt on
Wheat Bread
Zucchini Strips
Pears
ICE CREAM DAY

16)
Green Salad
Beef Stew
Corn Bread
Yogurt w/ Granola

17)
Tomato Soup
Grilled Turkey
burger w/ Cheese
Sandwich on whole
grain bun
3 Bean Salad
Yogurt w/Granola

18)
Chicken Noodle Soup
Turkey and Cheese
Wrap on whole
grain tortilla w/
lettuce and tomato
Whole Grain Chips
Pineapple Slices

19)
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20)
Beef Veggie Soup
Chicken Strips
Wild Rice
Zucchini Salad
Pears w/ Chocolate
Sauce
LEMONADE DAY

21)
Green Salad
Baked Fish
Potatoes
Broccoli Florets
Bananas & Apples

22)
Cucumber Salad
Penne w/ Chicken &
Broccoli
Wheat French
Bread
Honey Dew melon

23)
Vegetable Soup
Philly Steak Sandwich
on whole grain bun
Seasoned Potato
Fries
Green Salad
Yogurt w/ Fruit

24)
Asian Green Salad
Sweet & Sour Chicken
on Brown Rice
Stir Fry Vegetables
Navel Oranges
COOKIE DAY

25)
Beef Veggie Soup
Green Salad
Sloppy Joes on
wheat bun
Green Beans
Orange Slices

26)
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27)
Cucumber Salad
Bar-B-Que Chicken
Cauliflower Mac &
Cheese
Green Beans
Watermelon Slices
***Memorial Day**

28)
Lentil Soup
Homemade Beef
Meatloaf
Potatoes
Green and Yellow
Squash
Cinnamon Apples

29)
Spinach Salad
Baked Chicken
Sweet Potatoes
Creamed Spinach
Pear Slices
Birthday Cake Day

30)
Split Pea Soup
Chicken Salad
Sandwich on wheat
bread
3 Bean Salad
Potato Tots
Yogurt w/fruit

31)
Veggie Beef Soup
Turkey & Cheese Sub
sandwich on wheat
bread w/ lettuce
Peas & Carrots
Strawberries



*1% Milk is offered at Breakfast and Lunch. This institution is an equal opportunity provider.