




| LUNCH MENU  |  | ADULT DAY CARE CENTER OF HENDERSON  |  |   |   |  | JANUARY 2024  |
|---|--|---|--|---|---|--|---|
| SUNDAY  | MONDAY   | TUESDAY   | WEDNESDAY  | THURSDAY  | FRIDAY  | SATURDAY   |   |
| <p><b>We Are CLOSED Sundays @ our Adult Day Care Center of Las Vegas!</b></p> | <p>1)<br/>Tomato Veggie Soup<br/>Chicken Fajita w/<br/>Bell Pepper / Lettuce/<br/>Tomato<br/>Whole wheat Tortilla<br/>Lucky Pinto Beans<br/><b>New Year's Day*</b><br/>Mixed Fruit</p> | <p>2)<br/>Veggie Soup<br/>Roasted Chicken<br/>Steamed brown<br/>Rice<br/>Green Beans<br/>Cinnamon Apples</p>                                | <p>3)<br/>Chicken Noodle Soup<br/>Chicken fingers<br/>Green Salad<br/>Green / yellow<br/>squash Whole Wheat<br/>Roll<br/>Sliced Oranges</p>    | <p>4)<br/>Cream Tomato Soup<br/>Alfredo w/ Turkey<br/>whole grain<br/>noodles<br/>Broccoli Spears<br/>Apricots</p>  | <p>5)<br/>Clam Chowder<br/>Fish 'N' baked<br/>Chip<br/>Cabbage Slaw<br/>Whole wheat Roll /<br/>Lemon Wedge<br/>Pears</p>                      | <p>6)<br/><b>We Are CLOSED Saturdays @ our Adult Day Care Center of Henderson!</b></p>   |   |
|   | <p>7)<br/><b>We Are CLOSED Sundays @ our Adult Day Care Center of Las Vegas!</b></p>   | <p>8)<br/>Multi Bean Soup<br/>Tuna Salad<br/>Sandwich on wheat<br/>bread<br/>Broccoli Spears<br/>Sliced Apples</p>                          | <p>9)<br/>Chicken Veggie<br/>Soup<br/>Beefy Baked whole<br/>grain pasta<br/>Lasagna<br/>Spinach Salad<br/>Orange Slices</p>                    | <p>10)<br/>Corn Chowder<br/>Chicken Strips<br/>Baked French<br/>Fries<br/>Broccoli Spears<br/>Baked Apples</p>  | <p>11)<br/>Beef Turkey Sub<br/>Sandwich Veggie<br/>Soup<br/>Baked Potato<br/>Chips<br/>Pineapple Slices</p>                                   | <p>12)<br/>Chicken Veggie<br/>Soup<br/>Smothered<br/>Meatballs over a bed<br/>of brown rice<br/>Yellow/Green<br/>Squash<br/>Glazed Pears<br/><b>*Lemon Tea Day *</b></p> | <p>13)<br/><b>We Are CLOSED Saturdays @ our Adult Day Care Center of Henderson!</b></p> |
|   | <p>14)<br/><b>We Are CLOSED Sundays @ our Adult Day Care Center of Las Vegas!</b></p>  | <p>15)<br/>Veggie Soup<br/>Baked Orange<br/>Chicken<br/>Roasted Broccoli<br/>Spears<br/>Steamed brown Rice<br/>Apricots</p>                 | <p>16)<br/>Tomato Soup<br/>Grilled Turkey &amp;<br/>Cheese on wheat<br/>bread Sandwich<br/>Zucchini Spears<br/>Baked Apples</p>                | <p>17)<br/>Cream of Veggie<br/>Soup<br/>Philly Steak on wheat<br/>bread Sandwich<br/>Baked French Fries<br/>Sliced Pineapples<br/><b>*POPCORN DAY</b></p> | <p>18)<br/>Broccoli Soup<br/>Cheesburger on<br/>whole wheat bun<br/>w/ lettuce and<br/>tomato<br/>Baked zucchini Fries<br/>Sliced Oranges</p> | <p>19)<br/>Beefy Chili w/<br/>Beans<br/>Corn Bread<br/>Green Salad<br/>Peaches</p>   | <p>20)<br/><b>We Are CLOSED Saturdays @ our Adult Day Care Center of Henderson!</b></p> |
|   | <p>21)<br/><b>We Are CLOSED Sundays @ our Adult Day Care Center of Las Vegas!</b></p>  | <p>22)<br/>Veggie Soup<br/>Spaghetti w/ Meat<br/>Sauce<br/>Garlic wheat Bread<br/>Green Beans<br/>Peaches<br/><b>*NATIONAL PIE DAY*</b></p> | <p>23)<br/>Multi Bean Soup<br/>Chicken Sandwich<br/>on bun w/ lettuce<br/>and tomato<br/>Multi- Gran Chips<br/>Pears</p>                       | <p>24)<br/>Broccoli Soup<br/>Baked Fish<br/>Steamed Rice<br/>Peas and Carrots<br/>Orange Slices<br/><b>*Birthday Cookie Day *</b></p>                     | <p>25)<br/>Chicken Veggie<br/>Soup<br/>Beef Stroganoff w/<br/>Egg Noodles<br/>Green Beans<br/>Glazed Pears</p>                                | <p>26)<br/>Veggie Soup<br/>Chicken Pot Pie<br/>Green Salad<br/>Blueberries with<br/>Cream</p>  | <p>27)<br/><b>We Are CLOSED Saturdays @ our Adult Day Care Center of Henderson!</b></p> |
|   | <p>28)<br/><b>We Are CLOSED Sundays @ our Adult Day Care Center of Las Vegas!</b></p>  | <p>29)<br/>Chicken Noodle Soup<br/>Grilled Cheeseburger<br/>w/ lettuce &amp; tomato<br/>Baked Potato Fries<br/>Pineapple Slices</p>         | <p>30)<br/>Turkey Brown<br/>Rice Soup<br/>Lemon Herb Baked<br/>Chicken<br/>Peas &amp; Carrots<br/>Orange Slices<br/><b>*HOT COCOA DAY*</b></p> | <p>31)<br/>Beef Barley Soup<br/>French Dip Wheat<br/>bread Sandwich<br/>Au Jus<br/>Potato Salad<br/>Broccoli Sliced Pears</p>                             |    |   |    |

\*1 %Milk is offered at Breakfast and Lunch. This Institution is an equal opportunity provider.