

# LUNCH MENU

# ADULT DAY CARE CENTER OF HENDERSON

# FEBRUARY 2024

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



1)  
Barley Soup  
Chicken Parmesan  
Baked whole grained Ziti  
Squash/ Zucchini  
Orange Smiles

2)  
Chicken Noodle Soup  
Baked Fish Fry  
Baked French Fries  
Green Salad  
Cinnamon Apples

3)  
We Are CLOSED  
TEMPORARILY  
SATURDAY's At Our ADC  
HENDERSON  
Please join us for our Fundays. Mon thru Sat

4)  
We Are CLOSED  
TEMPORARILY  
SUNDAY's At Our ADC  
of Las Vegas  
Please join us for our Fundays. Mon thru Sat

5)  
Chinese Veggie Soup  
Steamed Fish w/ lemon slices  
Longevity Noodles  
Broccoli & Carrots  
Good fortune fruit  
Spring rolls

6)  
Veggie Corn Tortilla Soup  
Chicken Enchiladas  
Green House Salad  
Pineapple Slices

7)  
Cream Of Spinach Soup  
Beef Stew w/ Veggies  
Steamed Brown Rice  
Cornbread  
Pears

8)  
Veggie Soup  
B-B-Que Chicken  
Veggie Rice  
Baked Beans  
Green Salad  
Cantaloupe  
\*COOKIE DAY\*

9)  
Gumbo Soup  
Baked Chicken Drumettes  
Cheese Pizza Slice  
House Salad  
Broccoli Spears  
Oatmeal Raisin Crisp  
\*SUPER BOWL PARTY\*

10)  
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11)  
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12)  
Corn Veggie Chowder  
Baked Fish  
Macaroni & Cheese  
Broccoli  
Sliced Pears

13)  
Lentil Soup  
Garlic Chicken  
Rice Pilaf  
Sautéed Vegetables  
Pineapple Slices

14)  
Green Salad  
Baked Raspberry Chicken  
Baked Potato  
Green Bean  
Strawberry and Cream  
\*VALENTINES PARTY\*

15)  
Tomato Basil Soup  
Cheeseburger w/ Lettuce & Tomato  
Baked Potato Fries  
Slice Baked Apples w/granola

16)  
Chili Bean Soup  
Beef Soft Taco w/ lettuce, tomato, and cheese  
Spanish Rice  
Mexican Squash  
Churros w/ Apple

17)  
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19)  
Cobb Salad  
Roast Turkey Breast  
Mashed Potato w/ Gravy  
Green Beans  
Orange Slices  
\*APPLE CRISP DAY\*

20)  
Broccoli Soup  
Oven Fried Catfish  
Wild Rice  
Green Salad  
Cinnamon Apples  
\*FRUITY SMOOTHIE DAY\*

21)  
Cream of Veggie Soup  
Chicken Parmesan  
Baked whole grain Pasta  
Squash & Zucchini  
Apples w/ Granola  
\*BIRTHDAY CAKE\*

22)  
Chicken & Rice Soup  
Tuna Salad  
Wheat bread Sandwich w/ lettuce & tomato  
Multi Gran Chips  
Orange Smiles

23)  
Vegetable Soup  
Beefy Sloppy Joe w/ cheese on a Wheat bun  
Zucchini Fries  
Sliced Peaches

24)  
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25)  
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26)  
Tomato Soup  
Baked Fish  
Hush puppies  
Cole Slaw  
Peas and Carrots  
Pineapple Slices

27)  
Beef Barley Soup  
Southwest Turkey Wrap w/ lettuce & tomato  
Cucumber Salad  
Cottage Cheese w/ Peaches

28)  
Potato Leek Soup  
Taco Salad w/ Corn Chips  
Lettuce & Tomato  
Cheese / Turkey  
Pineapple Slices

Beef Vegetable Soup  
Turkey Salisbury  
Smothered Steak  
Mashed Potato w/ Gravy  
Peas and Carrots  
Sliced Pears



**Super Bowl**

\*1% Milk is offered at Breakfast and Lunch. This Institution is an equal opportunity provider