

LUNCH MENU

ADULT DAY CARE CENTER OF LAS VEGAS

MAY 2023

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



1) Veggie Soup
Pulled BBQ Chicken on wheat buns
Baked Beans
Cole Slaw
Strawberries & Cream

2) Spinach Salad
Baked Chicken
Sweet Potatoes
Creamed Spinach
Pear Slices

3) Green House Salad
Beefy and Bean
Chili w cheese & Brown Rice
Corn Bread
Mixed fruit

4) Split Pea Soup
Chicken Salad
Sandwich on wheat bread
3 Bean Salad
Potato Tots
Yogurt w/fruit

5) Chicken Tortilla whole grained Soup
Mexican Grilled Chicken
Refried Beans w/let.
Spanish Brown Rice
Watermelon
Cinco De Mayo

6) Veggie Soup
Hamburger w/ Cheese, lettuce & tomatoes
Whole Grain Chips
Honey Dew Melon

7) **WE ARE CLOSED SUNDAYS**
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8) Green Salad
Spaghetti w/ Beef meat Sauce w/whole grain pasta
Wheat Garlic Bread
Yogurt w/ Granola

9) Veggie Soup
Baked Chicken
Steamed Brown Rice
Zucchini Strips
Honey Dew Melons

10) Green Salad
Sloppy Joe on Wheat Bun
Sweet potato Tots
Green beans
Orange slices

11) Turkey Chowder
Fish Filet Sandwich w/ lettuce & tomatoes
Baked French Fries
Cole Slaw
Banana & Peaches

12) Spinach Salad
Roasted Turkey
Stuffing w/ Gravy
Green Beans
Strawberries & Cream
OBS. MOTHER'S DAY

8) Vegetable Tomato Soup
Tuna Casserole
Green Salad
Wheat French Bread
Orange Slices

14) **WE ARE CLOSED SUNDAYS**
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Mother's Day

15) Cream Veggie
Tomato Soup
Grilled Turkey & Cheese on rye bread
Zucchini Fries
Peaches

16) Veggie Soup
Chicken Filet
Sandwich on whole wheat bun
Lettuce & Tomato
Potato Salad
Apple slices

17) Tomato Cucumber Salad
Hot Tuna Melt on Wheat Bread
Zucchini Strips
Pears
ICE CREAM DAY

18) Green Salad
Beef Stew
Corn Bread
Yogurt w/ Granola

19) Tomato Soup
Grilled Turkey burger w/ Cheese
Sandwich on whole grain bun
3 Bean Salad
Yogurt w/Granola

10) Chicken Noodle Soup
Turkey and Cheese
Wrap on whole grain tortilla w/ lettuce and tomato
Whole Grain Chips
Pineapple Slices

21) **WE ARE CLOSED SUNDAYS**
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22) Beef Veggie Soup
Chicken Strips
Wild Rice
Zucchini Salad
Pears w/ Chocolate Sauce
LEMONADE DAY

23) Green Salad
Baked Fish
Potatoes
Broccoli Florets
Bananas & Apples

24) Cucumber Salad
Penne w/ Chicken & Broccoli
Wheat French Bread
Watermelon
Birthday Cake Day

25) Vegetable Soup
Philly Steak Sandwich on whole grain bun
Seasoned Potato Fries
Green Salad
Yogurt w/ Fruit

26) Asian Green Salad
Sweet & Sour Chicken on Brown Rice
Stir Fry Vegetables
Navel Oranges
COOKIE DAY

27) Beef Veggie Soup
Green Salad
Sloppy Joes on wheat bun
Green Beans
Orange Slices

28) **WE ARE CLOSED SUNDAYS**
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29) Veggie Beef Soup
Turkey & Cheese Sub sandwich on wheat bread w/ lettuce
Peas & Carrots
Strawberries

30) Lentil Soup
Homemade Beef Meatloaf
Potatoes
Green and Yellow Squash
Cinnamon Apples

31) Cucumber Salad Bar-B-Que Chicken
Cauliflower Mac & Cheese
Green Beans
Orange Slices
Memorial Day



*1% Milk is offered at Breakfast and Lunch. This institution is an equal opportunity provider.

