

LUNCH MENU

ADULT DAY CARE CENTER OF LAS VEGAS

MARCH 2023

SUNDAY

MONDAY

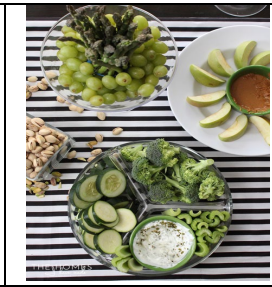
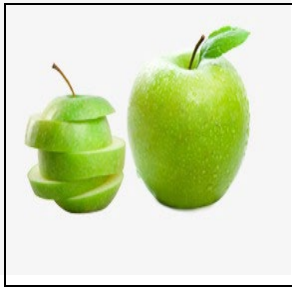
TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



1)
Veggie Noodle Soup
Chicken Salad
Sandwich on whole wheat bread
Lettuce & Tomato
Baked Tater Tots
Sliced Pears
HOMEMADE OATMEAL GRANOLA DAY

2)
Veggie Soup
Baked Bar-B-Que Chicken
Mashed Potatoes
Green Salad
Yogurt w/fruit

3)
Multi Bean Soup
Hot Tuna Melt on whole Grain Bread
Zucchini Strips
Orange Slices

4)
Veggie Soup
Turkey Sandwich on Wheat bread
Lettuce/Tomato
Multigrain Chips
Pineapple slices

5)
We Are CLOSED SUNDAYS AT The Adult Day Care Center of LV.

6)
Minestrone Soup
Oven Fried Steak
Mashed Potato
Green Beans
Sliced Apples
Whole grain Cookie Day*

7)
French Onion Soup
Meatloaf
Cauliflower Mac & Cheese
Green Salad
Apple Crumb

8)
Egg Drop Soup
Teriyaki Chicken
Steamed Broccoli w/ Brown Rice
Melon Mix

9)
Green Salad
Chicken Fajita
Refried Beans
Wheat Tortilla
Spanish Brown Rice
Sliced Apples

10)
Chicken Noodle Soup
Fish Sandwich w/ Lettuce & Tomato
Potatoes
Blueberries & Pears

11)
Broccoli Soup
Green Salad
Chicken Burritos/ on wheat tortilla
Pinto Beans
Mexi Mixed vegies
Mixed fruit

12)
We Are CLOSED SUNDAYS AT The Adult Day Care Center of LV.

13)
Beef Veggie Soup
Chicken Cacciatore
Over whole wheat Fettuccine
Noodles
Green Salad
Strawberry w/ Cream

14)
Tomato Soup
Beef Burger w/ Cheese on whole wheat bun
Lettuce & Tomato
Wedge Cut potatoes
Pineapples

15)
Cream Potato Soup
Hot Pulled Chicken on Rye Bread
Baked Potato Chips
Green Salad
Diced Apples

16)
Split Pea Soup
Corned Beef
Cabbage w/ Corn Bread
Potatoes
Mixed Melons
Green Apple Crumb
St. Patrick's Party*

*17)
Broccoli Soup
Taco Burger on whole wheat Bun w/Cheese Lettuce
Multigrain Chips
Green Beans
Mixed Melons

18)
Veggie Soup
Chicken Fingers
Whole Grain Butter Noodles
Green Beans

19)
We Are CLOSED SUNDAYS AT The Adult Day Care Center of LV.

20)
Chicken Noodle Soup
Herb Baked Chicken
Brown Rice Pilaf
Green Salad
Strawberry w/ Cream

21)
Turkey Noodle Soup
Chicken Quesadilla on whole wheat Tortilla w/ Lettuce, Tomato & Cheese
Mixed Vegetables
Blackened Beans
Sliced Pears

22)
Veggie Soup
Chicken Fingers
Red Beans
Brown Rice
Green Salad
Corn Bread
Cinnamon Apples

23)
Roasted Veggie Soup
Beef Spaghetti
Garlic Bread
Green Beans
Green Salad
Sliced Kiwi

24)
Cream Spinach Soup
Grilled Chicken Breast
Rotini wheat Pasta
Green Salad
Steamed Broccoli
Mixed Melons

25)
Green Salad
Beef and Bean Chili
With Brown Rice & Cheese
Corn Bread

26)
We Are CLOSED SUNDAYS AT The Adult Day Care Center of LV.

27)
Turkey Noodle Soup
Italian Meatballs
Tortellini
Green Salad
Strawberries
ITALIAN ICES DAY

28)
Black Bean Soup
Beef Taco Salad
Corn Chips w/Cheese
Lettuce & Tomato
Spanish Rice
Peach Cobbler

29)
Cream Tomato Soup
Baked Chicken
Zucchini Strips
Honey Dew Melon
BIRTHDAY CAKE DAY

30)
Cucumber Salad
Italian Turkey Sausage w/Whole grain penne pasta
Steamed Zucchini
Sliced Apples
FRUIT SMOOTHIE DAY

31)
Spinach salad
Meat Loaf
Steamed Brown Rice
Green Beans
Mixed Melon



*1% Milk is served at Breakfast and Lunch. This institution is an equal opportunity provider