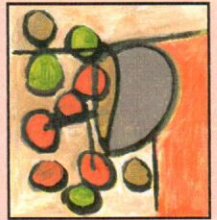


**We are here to HELP...**



**Nora Kraidman, MS, GCM**  
Nora Kraidman has an MS in Clinical Mental Health Counseling and is certified in Geriatric Care Management and RCI REACH (Rosalynn Carter Institute Resources for Enhancing Alzheimer's Health). Nora is also a Certified Yoga Instructor with enhanced training in Trauma Recovery Yoga and Yoga for Seniors.

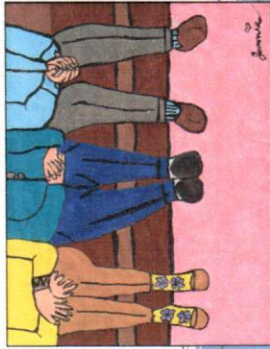


**For Information**

**Call or email**

**(702) 333-1548**

[nkraidman@nevadaseniorservices.org](mailto:nkraidman@nevadaseniorservices.org)



**We CARE ...**

Nevada Senior Services is here for you and your family. We offer many programs for caregiver support and information and senior wellness.

Please contact us and let us know how we can help. We are here to serve you.

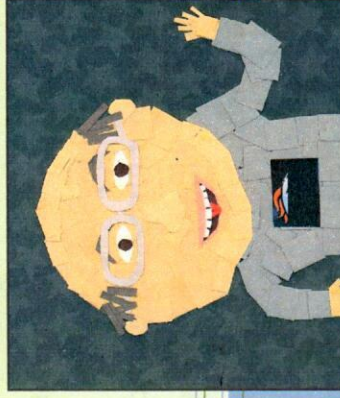
[NEVADASENIORSERVICES.ORG](http://NEVADASENIORSERVICES.ORG)

**Nevada Senior Services**

**COMPREHENSIVE  
CARE**

**MANAGEMENT**

**For Older Adults**



**We are here to  
HELP ...**



## Geriatric Care Management

The goal of a Geriatric Care Manager is keeping older adults safe, happy and healthy in the community. Our program includes a comprehensive assessment of physical, psychological, social, nutritional, cognitive and healthcare issues to determine which services are most beneficial.

The Geriatric Care Manager will develop and implement a customized care plan inclusive of family, primary caregivers, friends, physicians and other professionals involved with the client's physical and emotional wellness.

Nevada Senior Services provides compassionate care and services to adults and their caregivers who are facing the challenges of chronic diseases, disabilities and aging, helping them to remain in the community with dignity. All artwork is created in Nevada Senior Services' creative arts programs.

## The Program

The Geriatric Care Manager establishes a long-term relationship with the older adult and serves as the liaison for family, caregivers and the professional community:

- Act as an advocate for the older adult
- Accompany clients to medical appointments
- Navigate the healthcare and social services systems
- Coordinate medical services
- Facilitate access to and use of community resources
- Support and communicate needs with home health aides and other caregivers
- Mediate family differences
- Arrange for meal delivery, grocery shopping and related services
- Assist in long-term residential placement if living at home is no longer an option

## Who Benefits?

- Seniors who live alone and are isolated
- Family members who live out of town or have limited availability
- Individuals who are ill or homebound
- Seniors who have difficulty navigating health services and personal care
- Seniors who have had a change in their health and need assistance to get back on track



### Client Review:

*Since I live 400 miles away, this program has been unbelievably helpful with the care of my 87 year old Mom who lives with dementia. This gives our family a peaceful feeling knowing that my Mom's needs are being watched over and taken care of. We will continue working with Nevada Senior Services and highly recommend the Comprehensive Care Management Program to anyone needing assistance.*  
— Mark (son) Oct 2018