

Adult Day Care Center of Las Vegas  
901 N. Jones Boulevard  
Las Vegas, NV 89108  
702.648.3425  
Fax: 702.648.1408



Adult Day Care Center of Henderson  
1201 Nevada State Drive  
Henderson, NV 89002  
702.368.2273  
Fax: 702.243.2273

# *Happy Father's Day*



## *MONTHLY NEWSLETTER JUNE 2017*

The Adult Day Care Center of Las Vegas is celebrating Father's, summer with laughter, music, iced teas and barbeque grilling. Summer is a time to enjoy family and friends, take it easy and relax in the warm sun rays of June. June is National **Alzheimer's Awareness**, Tea, Safety and Handshake Month. There's a lot to be said about a good handshake: so shake a hand at our Center and make a friend. Our Las Vegas Center responds to the important mission of supporting adults of all ages and senior citizens in their efforts to remain independent, with dignity in the community. Our Center will continue to offer an array of contemporary activities that all of our participants enjoy, including: A daily exercise program, Creative Dance, Tai Chi, Music , Organic Gardening, Laughing Yoga, Bingo competitions, Arts & Crafts, Sign Language and live entertainment every afternoon. Please join us for summer fun in the sun as we welcome the month of JUNE.

[WWW.ADULTDAYCARELV.ORG](http://WWW.ADULTDAYCARELV.ORG)

MONDAY – FRIDAY 6:30AM – 6:30PM / SATURDAY 8AM – 6PM & SUNDAYS 7:30AM-6:00PM



## HIGHLIGHTS FROM MAY

The excitement of our two May holidays, Cinco de Mayo and Mother's Day, had our Center celebrating. Our fiesta was awesome and our Mother's Day Luncheon was just beautiful. We honored our mothers with a sweet mother's day peace of jewelry. We also had the pleasure of having some wonderful entertainment. The Bob Katz's wonderfully entertained our seniors with a one-hour variety show of music, jokes and laughter that floated across the room during their performance. Everyone had a ball. We would also like to thank Chef Chris and sous chef Cynthia for the tasty Cinco de Mayo fiesta and a simply awesome Mother's Day feast. The meals brought JOY and Happiness to all. Our seniors have been busy. They have created beautiful abstract Art in our Arts and Crafts classes. Our Zen garden is now full of new buds and flowers of hope. Our participants are discovering new mediums: Creative Dance, this class has our seniors immersed in how to move their bodies freely to music. Their expressions of happiness make it a delight to see! **A BIG Thanks** to our staff for their continued hard work.

## NEW ARRIVALS

We are pleased to welcome the new participants who became a part our Centers family in May: James A., Yael F., and Anna M.

## CLOSURES

**There will be no closures in the month of June.**

## GET PLUGGED IN!

There is a beautiful *computer lab* here at the Center. It is located in the Quiet Room adjacent to the Arts & Crafts department and the software and technology suits any and all needs.



## EVENTS IN JUNE

Saturdays and Sundays are *Special! Try not to miss our fun activities on Saturdays and Sundays.* Join us for Tai Chi, Yoga classes on Mondays, Fridays and Saturdays at 10:00am. Our Creative Dance classes are on Tuesdays and Fridays at 10:00am. Caregivers are invited. **Calling all cooks and Chefs! Please don't forget to submit your recipes. See attached flyer for details.** **On the 16<sup>th</sup>, we will be celebrating our fathers with a handsome Father's Day gift, as well as a Father's Day special grilled steak and baked potato lunch.** Be on the look out for some special surprise events throughout the month. If these are not your regularly scheduled days, we would still love to see you here.

### GETTING SCENT-IMENTAL

A new aromatherapy scent, cinnamon, which helps to stimulate the brain, will be the aromatic of choice for the month.

### SEE WHAT'S IN BLOOM!

We planted our vegetable and flower seedlings in our Organic garden. Our seniors are taking weekly strolls through the garden to see the fruits of their labor.

### DID YOU KNOW?!

The top cancer fighting foods and spices are: Berries, broccoli, Brussel sprouts, cabbage, carrots, celery, cilantro, citrus fruits, flaxseed, garlic, ginger, onions, parsley, parsnips, peppers, tomatoes, turmeric, and whole grains.

### FUN-DID YOU KNOW?

**Did you know?** Bananas are curved because they grow towards the sun. Try it, plant a banana seed.



**DON'T FORGET! YOU CAN STILL PURCHASE  
WONDERFUL ARTWORK FROM OUR PARTICIPANTS.  
ALL PROCEEDS WILL BENEFIT THE ARTS AND CRAFTS  
DEPARTMENT. BE A PROUD OWNER OF ONE-OF-A-  
KIND ART PIECE.**

### **HAPPY BIRTHDAY**

Our birthday party will be held on the 3<sup>rd</sup> Wednesday of the month, June 21<sup>st</sup>, 2017. Our June celebrants are Benny M. (6/2). Else W. (6/3), Victoria H. (6/8) Leon G. (6/15) Jose P. (6/17) Crecenia C. (6/23) Latrice D. (6/25) and Clemmie J. (6/28). Entertainment will be provided and birthday treats will be served as well.

### **SUPPORT GROUP**

Our ongoing **Support Group Meetings** are held on the 1<sup>st</sup> and the 3<sup>rd</sup> Wednesday of the month at 10:00 am. The dates are: June 7th and the 21<sup>st</sup>. Everyone as always, is welcome to attend!



### **ATTENTION CAREGIVERS!**

**What's the best way to help prevent cataracts?** The best way is simple, wear sunglasses to protect the cornea from light. They should be good sunglasses that block out all ultraviolet light below 400 nanometers. Those who do not wear sunglasses regularly often experience cataracts 10 to 15 years earlier than those who do. Good sunglasses are helpful in preventing macular degeneration as well. Summer is here protect your eyes.

-Emil Stein, MD ophthalmologist

# THANK YOU!

On behalf of our entire family of caring professionals here at The Adult Day Care Center of Las Vegas, we would like to thank you for being a part of our Center. We strive to make our Center a place of caring and fun for all of our participants. Remember, our doors are always open to you and your family members needs. Thank you for choosing us!

Dee Dee Woodberry

Dee Dee Woodberry  
*Activities Director*

## Happy Fathers Day



# LUNCH MENU

# ADULT DAY CARE CENTER OF LAS VEGAS

JUNE 2017

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 <p>4) Beef Veggie Soup Chicken Strips Wild Rice Zucchini Salad Sliced Pears</p>	 <p>5) Green Salad Chicken Quesadilla Spanish Rice Black Beans Cinnamon Sliced Apples</p>	 <p>6) Tomato Soup Tuna Salad on Bed of Lettuce Toast Points Pineapple Slices</p>	 <p>7) Green Salad Bar-B-Que Chicken Lemon Herb Risotto Green Beans Honey Dew Melon</p>	<p>1) Beef Veggie Soup Grilled Chicken Sandwich Sweet Potato Fries Blueberries &amp; Cream</p>	<p>2) Green Salad Baked Fish Seasoned Potatoes Broccoli w/ Cheese Sauce Pears</p>	<p>3) Cream of Tomato Soup Grilled Turkey Cheese Sandwich Zucchini Fries Orange Slices</p>
<p>11) Green Salad Spaghetti w/ Meat Sauce Garlic Bread Cinnamon Sliced Apples</p>	<p>12) Chicken Noodle Soup Chef Salad w/ boiled eggs, cheese, turkey, and cucumbers Clementine Oranges</p>	<p>13) Veggie Soup Sweet &amp; Sour Meatballs Pasta Salad Yogurt w/ Fruit Strawberries</p>	<p>14) Singing Rice Lettuce Wrap w/ Chicken Quinoa Yellow Squash Apricots</p>	<p>15) 3 Bean Soup Turkey Sloppy Joe Wheat Bun Baked Fries Green Salad Cantaloupe</p>	<p>9) Cream Veggie Soup Chicken Salad Sandwich 3 Bean Salad Potato Chips Jell-O w/ Fruit</p>	<p>10) Chicken Veggie Soup Green Salad Veggie Cheese Pizza Sliced Peaches</p>
<p>18) Veggie Soup Homemade Meatloaf Potatoes Green &amp; Yellow squash Cookies <b>Father's Day</b></p>	<p>19) Green Salad San Antonio Beef Stew Corn Muffins Honey Dew</p>	<p>20) Turkey Chile Fruit Salad Cottage Cheese Melons, Strawberries, Apples and Oranges Yogurt w/ Granola</p>	<p>21) Vegetable Soup Italian Pasta Salad Roasted Chicken Olive Vegetables Zucchini Fresh Sliced Pears <b>BirthDay Cake</b></p>	<p>22) Broccoli Soup Chicken Filet Sandwich w/ lettuce &amp; tomato Zucchini Fries Orange Slices</p>	<p>23) Asian Turkey Noodle Soup Teriyaki Chicken Stir Fry Vegetable Over Bed of Rice Pears</p>	<p>17) Turkey Veggie Soup Chicken Strips Sweet Potato Fries Green Salad Pears</p>
<p>25) Green Salad Baked Chicken Potatoes Creamed Spinach Cantaloupe</p>	<p>26) Cream of Veggie Soup Taco Salad w/ meat, cheese, lettuce, and tomatoes Yogurt w/ Fruit</p>	<p>27) Gazpacho Soup Cat Fish Fry Potatoes Coleslaw Strawberries &amp; Cream</p>	<p>28) Broccoli Soup Grilled Cheeseburger w/ Lettuce &amp; Tomato Baked Potato Fries Pineapple Slices</p>	<p>29) Spinach Salad Stuffed Green Peppers w/ Beef Zucchini Julienne Strips Pears</p>	<p>30) 3 Bean Salad Turkey Club Sandwich w/ Lettuce &amp; Tomato Cheese Multi – Grain Chips Honey Dew Melon</p>	

\*Milk is offered at Breakfast and Lunch.

# ACTIVITY CALENDAR

# ADULT DAY CARE CENTER OF LAS VEGAS

# JUNE 2017

## SUNDAY

## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

## SATURDAY



4) 9:00 Current Events  
9:30 Exercise  
10:00 ZUMBA  
12:00 ARTS & CRAFTS  
1:30 MOVIE  
MATINEE Comedy  
3:00 Bingo  
ZUMBA w/ (Shelia Jones)

HAPPY BIRTHDAY  
BENNY M. 6/2  
EELSE W. 6/3  
VICTORIA H. 6/8  
LEON G. 6/15  
JOSE P. 6/17  
LATRICE D. 6/23  
CLEMMIE J. 6/28

7) 9:00 Current Events  
9:30 Exercise  
10:00 Music Fun/ A&C  
12:30 Trivia  
1:30 JOHN HARBIN  
3:00 Bingo

1) 9:00 Current Events  
9:30 Exercise  
10:00 SIGN LANGUAGE  
W/ BETTY/ A&C  
12:30 Trivia  
1:30 NANCY  
BUCKNER  
3:00 Bingo

2) 9:00 Current Events 9:30 Exercise  
10:00 CREATIVE DANCE  
12:00 ARTS & CRAFTS  
1:30 EDMOND  
GEARHART  
3:00 Bingo  
\*TAI CHI CONNECTIONS \*

3) 9:00 Current Events  
9:30 Exercise  
10:00 TAI CHI  
12:00 ARTS & CRAFTS  
1:30 STEPHANIE  
CREVECOEUR  
3:00 Bingo

11) 9:00 Current Events  
9:30 Exercise  
10:00 BRAINY BALL  
12:00 ARTS & CRAFTS  
1:30 MOVIE MATINEE  
Spaghetti Western  
3:00 Bingo

12) 9:00 Current Events  
9:30 TAI CHI  
10:00 ARTS & CRAFTS  
12:30 Trivia  
1:30 MAD ENT.  
3:00 SPECIAL Bingo  
\*\*Plant a Seed of Friendship\*

14) 9:00 Current Events  
9:30 Exercise  
10:00 Music Fun/ A&C  
12:30 Trivia  
1:30 DANA LARA  
3:00 Bingo

15) 9:00 Current Events  
9:30 Exercise  
10:00 SIGN LANGUAGE  
W/ BETTY/ A&C  
12:30 Trivia  
1:30 EDMOND  
GEARHART  
3:00 Bingo

16) 9:00 Current Events 9:30 Exercise  
10:00 CREATIVE DANCE  
12:00 ARTS & CRAFTS  
1:30 ROBERT SOEHL  
3:00 Bingo  
OBS. FATHER'S DAY  
\*TAI CHI CONNECTIONS\*

17) 9:00 Current Events  
9:30 Exercise  
10:00 TAI CHI  
12:00 ARTS & CRAFTS  
1:30 STEPHANIE  
CREVECOEUR  
3:00 Bingo

18) FATHER'S DAY  
9:00 Current Events  
9:30 Exercise  
10:00 ZUMBA  
12:00 ARTS & CRAFTS  
1:30 MOVIE MATINEE  
Father's Day Movie  
3:00 Bingo  
ZUMBA w/ (Shelia Jones)

19) 9:00 Current Events  
9:30 TAI CHI  
10:00 ARTS & CRAFTS  
12:30 Trivia  
1:30 EVERETT  
ZAVALA  
3:00 SPECIAL Bingo  
\*\*Give a Flower Day\*

21) 9:00 Current Events  
9:30 Exercise  
10:00 Music Fun/ A&C  
12:30 Trivia  
1:30 JOHN HARBIN  
3:00 Bingo

22) 9:00 Current Events  
9:30 Exercise  
10:00 SIGN LANGUAGE  
W/ BETTY/ A&C  
12:30 Trivia  
1:30 EDMOND  
GEARHART  
3:00 Bingo

23) 9:00 Current Events 9:30 Exercise  
10:00 CREATIVE DANCE  
12:00 ARTS & CRAFTS  
1:30 ROBERT SOEHL  
3:00 Bingo  
\*TAI CHI CONNECTIONS\*

24) 9:00 Current Events  
9:30 Exercise  
10:00 TAI CHI  
12:00 ARTS & CRAFTS  
1:30 STEPHANIE  
CREVECOEUR  
3:00 Bingo

25) 9:00 Current Events  
9:30 Exercise  
10:00 KARAOKE  
12:00 ARTS & CRAFTS  
1:30 MOVIE  
MATINEE Comedy  
3:00 Bingo

26) 9:00 Current Events  
9:30 TAI CHI  
10:00 ARTS & CRAFTS  
12:30 Trivia  
1:30 MAD ENT.  
3:00 SPECIAL Bingo  
\*\*Crazy Feet Day\*

28) 9:00 Current Events  
9:30 Exercise  
10:00 Music Fun/ A&C  
12:30 Trivia  
1:30 AMERICAN  
LEGION POST 8  
3:00 Bingo

29) 9:00 Current Events  
9:30 Exercise  
10:00 SIGN LANGUAGE  
W/ BETTY/ A&C  
12:30 Trivia  
1:30 EDMOND  
GEARHART  
3:00 Bingo

30) 9:00 Current Events 9:30 Exercise  
10:00 CREATIVE DANCE  
12:00 ARTS & CRAFTS  
1:30 ROBERT SOEHL  
3:00 Bingo  
\*TAI CHI CONNECTIONS



**Attention: Cooks, Chefs,  
Food Enthusiasts!**



Seniors, Caregivers, Family and Friends!

# Please Submit Your Recipes!

We will publish one each month with our newsletter!

In addition, we will publish a compilation of recipes with artwork next year!

All types of recipes welcomed – entrées, desserts, family traditions, you name it!

Please drop off your recipe with the front desk person, attention Marisela or Dee Dee, at the Adult Day Care Center.

You may also email it to [admissions@nevadaseniorservices.org](mailto:admissions@nevadaseniorservices.org).



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Adult Day Care Center of Henderson

1201 Nevada State Drive, Henderson, NV 89002 Phone: (702) 368-CARE (2273) Fax: (702) 243-CARE (2273)



# Recipe of the Month

Submitted by: Larconyia H. (Age: 59)



## Linguine with spinach, bacon and clam sauce

### Ingredients:

12oz. linguine  
6 slices bacon, cut into ½ -in. pieces  
2 Tbsp. olive oil  
6 cloves garlic, thinly sliced  
½ tsp. crushed red pepper flakes  
¾ cup dry white wine  
1 16-oz. can chopped clams  
½ cup fresh flat-leaf parsley, chopped  
1 bunch spinach, stems discarded Grated Parmesan, for serving

### Directions:

(1) Cook the pasta according to package directions. Drain and return to the pot. (2) Meanwhile, cook the bacon in a large skillet over medium heat until crisp, 5 to 6 minutes. Using a slotted spoon, transfer to a towel lined plate. (3) Discard all but 2 Tbsp. of the drippings; add the oil, then the garlic and red pepper. Cook over medium heat, stirring occasionally, until the garlic is fragrant, 1 to 2 minutes. (4) Add the wine and clams (with their juices) and simmer, stirring occasionally, for 5 minutes. Stir in the parsley. (5) Toss the pasta with the spinach, then the sauce and the reserved bacon. Serve with Parmesan, if desired.

# Comprehensive Geriatric Assessment Program

NEVADA SENIOR SERVICES



*A Community Program Promoting Health and Providing Convenience for Mature Adults*



## Why Do Older Adults Need a Geriatric Assessment?

Many illnesses that commonly affect older adults are manageable with a change in lifestyle, medications, modifications in diet, exercise and other daily living behaviors. Through the Nevada Senior Services' team approach, Southern Nevada's finest board certified Geriatricians, individuals and their families work together to improve and maintain the highest quality of life for men and women in our community.

- Physician referrals are not required •

## COMPREHENSIVE GERIATRIC ASSESSMENT

- Fall Prevention
- Memory Loss
- Assess Mobility
- Current and Past Illnesses
- Depression & Emotional Health
- Impaired Vision or Hearing
- Nutritional Concerns
- Medication Review
- Living Environment Function
- Caregiver Network and Services
- Functionality Measure
- Rehabilitation Status
- Recent or Impending Life Changes
- Incontinence Issues
- Sleep Difficulties
- Final reports sent to your Primary Care Physician

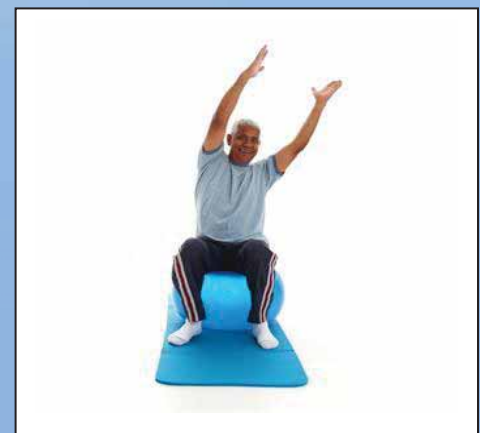
## WELL-VISIT HEALTH SCREENINGS

Annual and biannual recertification for medical programs

- Geriatric Wellness Physical Exam
- Completion of Medicaid Forms
- Health Services Referrals
- Medication Review
- Final Reports Sent to Your Primary Care Physician

**\*Both Programs are covered by Medicare & Medicaid with No Additional Cost to Consumers!**

This program is made possible by a generous grant from the Nevada Aging and Disability Services Division



**CALL 702-648-3425 to schedule an appointment • 901 N. Jones, Las Vegas, NV 89108**

Nevada Senior Services

# Care Consultation

Caregiver Phone  
Support



Call today:

**Celeste Graham**

Lead Care Consultant

(702) 333-1556

or

(702)364-2273

## What is Care Consultation?

A FREE phone based program offering services, empowerment and support for caregivers & individuals living with health challenges

Care Consultation provides:

- Personalized coaching
- Help coping with care-related concerns
- Planning for the future
- On-going support
- Convenience—connect with your Care Consultant over the phone



**Nevada Senior Services, Inc.**

901 N. Jones Boulevard

Las Vegas, NV 89108

Phone (702) 648-3425

Fax (702) 648-1408

BRI Care Consultation™ is a licensed product of the Benjamin Rose Institute on Aging.  
Care Consultation is made available through the support of NV Aging & Disability Services Division

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# Attention: Caregivers



The Adult Day Care Center of Las Vegas  
is OPEN ALL Holidays

EXCEPT

Thanksgiving and Christmas Day!

Please call [Marisela](#), [Brittney](#), [Corina](#) or [DeeDee](#)  
in advance to make a reservation for holiday  
attendance. 702.648.3425

Mark your calendars!

DANCE IS HERE! DANCE IS HERE!

DANCE IS HERE !!!



It's going to be a  
**FUN & exciting**  
season at the Adult  
Day Care Center's  
Creative Dance

Featuring:  
**Margaret Rampey**, Dance  
and Pilates instructor at  
Nevada Ballet Theatre and  
Cirque du Soliel on  
Tuesdays!

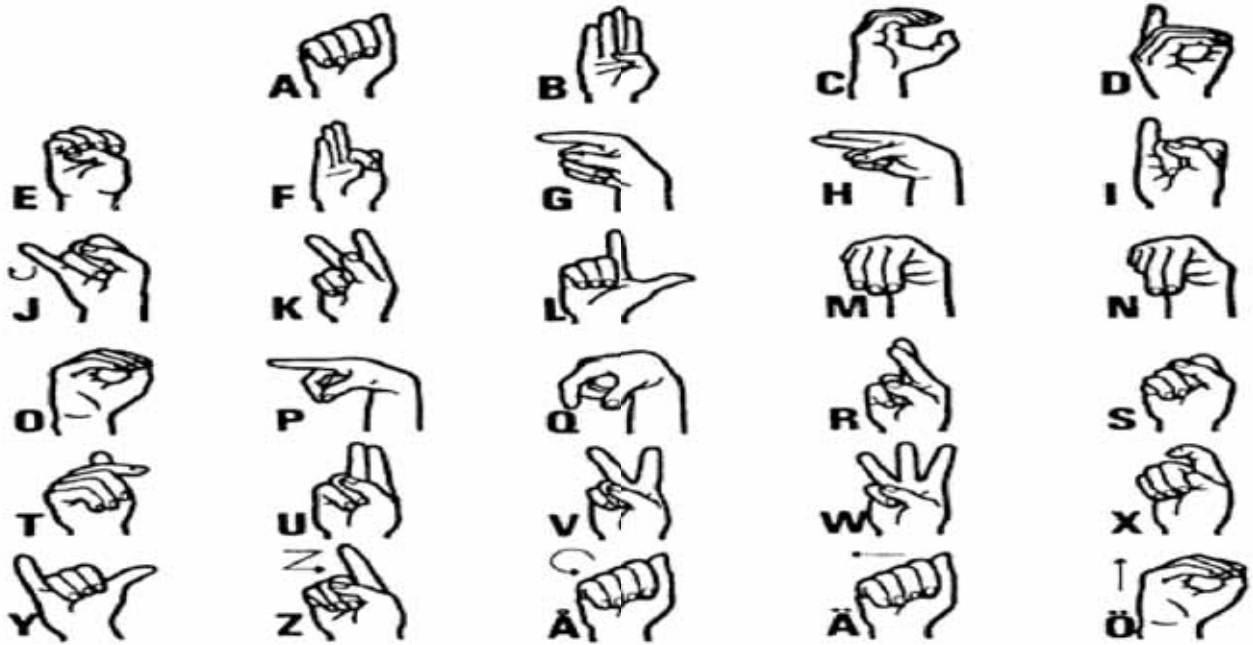
Everyone is Welcome!

**NOW** Every  
Tuesday & Friday

Adult Day Care Center of Las Vegas  
901 N. Jones, Las Vegas, Nevada 89108  
702.648.3425 [www.nevadaseniorservices.org](http://www.nevadaseniorservices.org)



# AMERICAN SIGN LANGUAGE IS HERE!!



COME JOIN OUR

(ASL) AMERICAN SIGN

LANGUAGE CLASS

WITH BETTY

EVERY THURSDAY AT 10:00 AM

-ADULT DAY CARE STAFF

*Are you, or someone you know,  
experiencing changes in memory?*

**Cognitive stimulation and activities can help...**

**Connections** is a program specifically designed for people with Moderate Cognitive Impairment, Alzheimer's disease, or other memory related disorders. If you are concerned about changes in memory, or have been recently diagnosed, please call us. Join others who are experiencing similar changes and learn new tools to help you live with memory loss.

### Program Benefits:

- Improved mental fitness/memory retraining
- Physical & mental stimulation
- Develop living skills for memory loss
- Support services & resources
- Safe, secure environment
- Opportunities for socialization & recreation



**Please call (702) 648-3425**

This program has a nominal session charge and financial assistance is available to qualified applicants. **Connections** is supported by Nevada Senior Services and a generous grant from the State of Nevada Aging and Disability Services Division.

**CONNECTIONS**

A Program for People Experiencing Progressive Memory Loss and Their Loved Ones

Adult Day Care Center  
of Las Vegas  
901 N. Jones Boulevard  
Las Vegas, NV 89108



Phone: (702) 648-3425 Fax: (702) 648-1408

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1201 Nevada State Drive  
Henderson, NV 89002

# Support • Learn • Grow



## FREE SUPPORT GROUPS

*For those caring for someone with Alzheimer's disease or other dementias...*

### Monthly Meetings

**Adult Day Care Center of Las Vegas**

**1st & 3<sup>rd</sup> Wednesdays 10 - 11am**

901 N. Jones Boulevard, Las Vegas 89108

*Group Leader: Marcy Cherek, LSW, MSW*

**Call (702)648-3425 to Register**



**Adult Day Care Center of Henderson**

**2<sup>nd</sup> & 4<sup>th</sup> Tuesday of the Month, 10 - 11am**

2<sup>nd</sup> Tuesday 11am - 12 noon Free Chi Kung Relaxation for Care Partners  
(Relax, Restore...pre-registration required for first Chi Kung Class)

1201 Nevada State Drive, Henderson 89002

*Group Leader: Esther Gregurek, MA*

**Call (702)368-2273 to Register**

**\*FREE Supervision for your loved-one while you attend the Support Groups**

**\*Call for details and registration**

[www.nevadaseniorservices.org](http://www.nevadaseniorservices.org)



# RAMP



RENOVATE • ACCESSIBLE • MOBILITY • PREVENTION

Seniors having difficulty with walking or balance?  
Not feeling safe from falls in your home?



*Affordable Solutions for Home Modifications for Safety & Independence*

- ◆ GRAB BARS IN BATHROOMS
- ◆ HANDHELD SHOWERS
- ◆ ADAPTABLE FAUCETS
- ◆ WALK IN SHOWERS
- ◆ HANDRAILS FOR STAIRS
- ◆ ADJUSTMENTS TO CABINETS
- ◆ RAMPS

**FREE** SERVICES AVAILABLE for seniors who are financially and physically eligible

**(702) 648-3425**

**[www.rampnv.org](http://www.rampnv.org)**

Division of Nevada Senior Services

The RAMP Program is made possible through a grant from the Nevada Aging and Disability Services Division

# REACH Out ...



## HELP is in REACH



### Nevada Senior Services

was recently named as a grant recipient from the Rosalynn Carter Institute for Caregiving (RCI) at Georgia Southwestern State University for the RCI REACH (Resources for Enhancing Alzheimer Caregiver Health) Program.

New FREE Program starting Feb 2013

CARING FOR A LOVED ONE  
WITH ALZHEIMER'S DISEASE  
OR DEMENTIA?

**Call Nevada Senior Services  
(702) 648-3425 for information**

RCI REACH is made possible through support from:

*Johnson & Johnson*





# SNAP

Helping people put healthy food on the table.

You may be able to get SNAP benefits if you are:

- Working for low wages
- Working part-time
- Unemployed
- Receiving other public assistance
- Elderly
- Disabled
- Homeless

## SNAP MAXIMUM GROSS MONTHLY INCOME REQUIREMENTS

1 person household	\$1806
2 person household	\$2430
3 person household	\$3052
4 person household	\$3676
5 person household	\$4300
6 person household	\$4922

## Tough times require new solutions

### Items to bring with you, if applicable:

- Picture Id
- Alien Registration Card
- Social Security Card for all family members
- Last 3 current pay check stubs
- If employment ended in the last 90 days verification of the job ending
- Social Security award letter or pension letter
- Child support (print out if currently paying or receiving)
- Current bank statement
- Letter from any source of income of friends or family assisting you by paying bills or giving money
- Residency verification (lease agreement, rent receipt and utility bill)

A monthly calendar of outreach sites is available at: [www.threesquare.org](http://www.threesquare.org) or call Three Square for assistance. (702) 644-3663

To apply contact our SNAP Outreach Advocates for a location near you.

Claudia Baltrons (702) 280-0504  
 Elizabeth Guillen (702) 343-3274  
 Terry Macias (702) 539-1070  
 Cecilia Ortiz (702) 539-2564

Three Square program is partially funded through NV State Division of Welfare and Supportive Services (DWSS). SNAP Advocates are certified by DWSS. All services are free.

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# SUPER SATURDAYS!



## JUST A REMINDER:

**THE ADULT DAYCARE CENTER OF LAS VEGAS  
WILL BE OPEN EVERY SATURDAY!!  
HOURS WILL BE 8:00AM – 6:00PM.  
YOU WON'T WANT TO MISS OUT!  
SO PLEASE RESERVE YOUR SPOT TODAY WITH  
MARISELA, BRITTNEY OR DEE DEE!!**

~Thank You,  
Adult Day Care Center of Las Vegas Staff

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# SUPER SUNDAYS!

hello  
JUNE



**JUST A REMINDER:**

**THE ADULT DAYCARE CENTER OF LAS VEGAS  
WILL BE OPEN EVERY SUNDAY!!**

**OUR HOURS WILL BE 7:30AM – 6:00PM.**

**YOU WON'T WANT TO MISS OUT!**

**SO PLEASE RESERVE YOUR SPOT TODAY WITH  
MARISELA, BRITTNEY OR DEE DEE!!**

~Thank You,  
Adult Day Care Center of Las Vegas Staff