

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

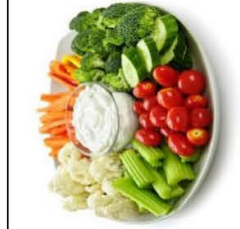
30)
Green Salad
Baked Fish
Seasoned Potatoes
Broccoli w/cheese sauce
Pears Slices



2)
Beef Veggie Soup
Chicken Strips
Wild Rice
Zucchini Salad
Sliced Pears

3)
Green Salad
Turkey Quesadilla
Spanish Rice
Black Beans
Cinnamon Sliced Apples

4)
Tomato Soup
Tuna Salad on Bed of Lettuce
Toast Points
Pineapple Slices



5)
Green Salad
Salsbury steak
Mushroom gravy over rice
Green beans
Honey Dew Melon



6)
Green salad
BBQ Chicken
Lemon Herb Risotto
Mixed vegetables
Honey Dew Melon



7)
Cream Veggie Soup
Chicken Salad Sandwich
3 Bean Salad
Baked Potato Chips
Yogurt w/ Fruit

1)
Cream of Tomato Soup
Grilled Turkey
Cheese Sandwich
Zucchini Fries
Orange Slices

9)
Green Salad
Cheesy goulash w/ Meat
Sauce
Garlic Bread
Cinnamon Sliced Apples

10)
Chicken Noodle Soup
Chef Salad w/ boiled eggs, cheese, turkey, and cucumbers
Clementine
Oranges

11)
Veggie Soup
Sweet & Sour Beef Meatballs
Pasta Salad
Yogurt w/ Fruit
Strawberries

12)
Singing Rice
Soup
Lettuce Wrap w/ Chicken
Quinoa
Yellow Squash
Apricots

13)
3 Bean Soup
Turkey Sloppy Joe
Wheat Bun
Baked Fries
Green Salad
Cantaloupe

14)
OBS. FATHER'S DAY
Broccoli Soup
Grilled Steak
Baked beans
Baked Potato
Watermelon
Father's Day Cake

15)
Turkey Veggie Soup
Chicken Strips
Baked Sweet Potato Fries
Green Salad
Pears

16)
Veggie Soup
Breaded fish fillet on wheat bun
Baked Waffle fries
coleslaw
Cookies
Father's Day

17)
Vegetable Soup
Green Salad
Chicken Enchiladas
Refried Beans
Roasted Zucchini
Peaches

18)
Turkey Chile
Fruit Salad
Cottage Cheese
Melons,
Strawberries,
Apples and
Oranges
Yogurt w/ Granola

19)
Green Salad
San Antonio Beef
Stew
Corn Muffins
Honey Dew Melon
Birthday Cake

20)
Broccoli Soup
Turkey Sandwich w/ lettuce & tomato
Baked Zucchini Fries
Orange Slices

21)
Asian Turkey Noodle Soup
Teriyaki Chicken
Stir Fry Vegetable
Over Bed of Rice
Pears

22)
Veggie Soup
Green Salad
Tuna on Rye
Baked steak Fries
Sliced Apples

23)
Green Salad
Baked Chicken
Mashed Potatoes
Creamed Spinach
Cantaloupe

24)
Cream of Mushroom Veggie Soup
Taco Salad w/ Turkey, cheese, lettuce, and tomatoes
Yogurt w/ Fruit

25)
Gazpacho Soup
Cat Fish Fry
Roasted cubed Potatoes
Coleslaw
Strawberries & Cream

26)
Broccoli Soup
Grilled Beef
Cheeseburger w/ Lettuce & Tomato
Baked Potato Fries
Pineapple Slices

27)
Spinach Salad
Chicken Cheese
Veggie pizza
Zucchini slices
Pears

28)
3 Bean Salad
Turkey Club
Lettuce & Tomato
Cheese
Multi - Grain Chips
Honey Dew Melon

29)
Tomato Soup
Grilled cheese
Sandwich
Baked Fries
Blueberries & Cream