

# LUNCH MENU

# ADULT DAY CARE CENTER OF HENDERSON

# FEBRUARY 2020

SUNDAY

MONDAY

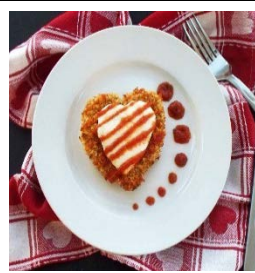
TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



1)  
**Gumbo Soup**  
**Baked Chicken**  
**Drumettes**  
**Cheese Pizza Slice**  
**Whole wheat Pizza crust**  
**House Salad**  
**Broccoli Spears**  
**Oatmeal Raisin Crisp**  
**\*Pre Game Party**  
**SUPER BOWL\***

2)  
**We Are CLOSED at our Hend. Center Every Sundays .We are OPEN at our LasVegas Center 8am to 6pm**  
**\*SUPER BOWLSUNDAY**

3)  
**Lentil Soup**  
**Garlic Chicken**  
**Rice Pilaf**  
**Sautéed Vegetables**  
**Pineapple Slices**

4)  
**Chinese Veg. Soup**  
**Steamed Fish w/ lemon slices**  
**Longevity Noodles whole grain**  
**Broccoli & Carrots**  
**Spring rolls**  
**Good fortune Cookie**

5)  
**Cream Of Spinach Soup**  
**Beef Stew w/ Veggies**  
**Steamed Brown Rice**  
**Cornbread**  
**Pears**

6)  
**Veggie Soup**  
**B-B-Que Chicken**  
**Veggie Brown Rice**  
**Baked Beans**  
**Green Salad**  
**Cantaloupe**  
**\*COOKIE DAY\***

7)  
**Chicken Noodle Soup**  
**Baked Fish Fry**  
**Mashed Potatoes**  
**Green Salad**  
**Cinnamon Apples**

8)  
**Beef Veggie Soup**  
**Baked Chicken Tenders**  
**Sweet Potatoes**  
**Green Beans**  
**Orange Slices**

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10)  
**Corn Veggie Chowder**  
**Baked Fish**  
**Macaroni & Cheese w/whole grain noodles**  
**Broccoli**  
**Sliced Pears**

11)  
**Split Pea Soup**  
**Tuna Melt on Rye**  
**Baked Tater Tots**  
**Green Salad**  
**Cinnamon Peaches**

12)  
**Beef Vegetable Soup**  
**Turkey Salisbury**  
**Smothered Steak**  
**Mashed Potato w/ Gravy**  
**Peas and Carrots**  
**Sliced Pears**

13)  
**Chili Bean Soup**  
**Berf Soft Taco w/ Lettuce, Tomato and Cheese**  
**Spanish rice**  
**Mexican Squash**  
**Churros w/apples**

14)  
**Green Salad**  
**Baked Raspberry Chicken**  
**Baked Potato**  
**Green Bean**  
**Strawberry and Cream**  
**\*VALENTINES PARTY\***

15)  
**Veggie Soup**  
**Cheese Pizza on whole grain crust**  
**Cucumber Salad**  
**Pears**

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17)  
**Cobb Salad**  
**Roast Turkey Breast**  
**Mashed Potato w/ Gravy**  
**Green Beans**  
**Orange Slices**  
**\*APPLE CRISP DAY\***

18)  
**Broccoli Soup Oven**  
**Fried Catfish**  
**Wild Rice**  
**Green Salad**  
**Cinnamon Apples**  
**\*FRUITY SMOOTHIE DAY\***

19)  
**Cream of Veggie Soup**  
**Chicken Parmesan**  
**Baked Pasta**  
**Squash & Zucchini**  
**Apples w/ Granola**

20)  
**Chicken & Rice Soup**  
**Tuna Salad**  
**Sandwich w/ lettuce & tomato**  
**Multi Gran Chips**  
**Orange Smiles**

21)  
**Vegetable Soup**  
**Beefy Sloppy Joe w/ cheese on a bun**  
**Zucchini Fries**  
**Sliced Peaches**

22)  
**Chicken Noodle Soup**  
**Turkey & Cheese Sub Sandwich w/ lettuce & tomato**  
**Tater Tots**  
**Sliced Apples**

23)  
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24)  
**Tomato Soup**  
**Baked Fish**  
**Hush puppies**  
**Cole Slaw**  
**Peas and Carrots**  
**Pineapple Slices**

25)  
**Beef Barley Soup**  
**Southwest Turkey whole grain tortilla**  
**Wrap w/ lettuce & tomato**  
**Cucumber Salad**  
**Cottage Cheese w/ Peaches**

26)  
**Potato Leek Soup**  
**Taco Salad**  
**Lettuce & Tomato Cheese / Turkey w/corn chips**  
**Pineapple Slices**  
**\*BIRTHDAY CAKE\***

27)  
**Barley Soup**  
**Chicken Parmesan**  
**Baked Ziti**  
**Squash/ Zucchini**  
**Orange Smiles**

28)  
**Veggie Soup**  
**Green House Salad**  
**Sloppy Joes whole wheat bun**  
**Baked Potato wedges**  
**Apple Slices**

29)  
**Chicken Veggie Soup**  
**Grilled Cheese on Whole wheat Bread**  
**Zucchini Fries**  
**Pears Slices**

\*2%Milk is offered at Breakfast and Lunch.